

GRADING CONFIRMATION

This lift out serves as a preparation for Grading. It should be used initially as a means to self assess and finally to be submitted as a confirmation of attendance to your selected grading date.

This section allows space for you to confirm your three chosen combinations.

Mark four separate occasions where form, pads and usages were successfully completed for each of your selected combinations.

Mark four separate occasions where the weaponry and hand drills were completed successfully.

NAME
CONTACT NUMBER
EMAIL
NUMBER OF GUESTS ATTENDING
CONFIRMED GRADING FOR
PRESENTATION OF CERTIFICATES FOR SUCCESSFUL STUDENTS WILL OCCUR IMMEDIATELY AFTER THE GRADING

THREE CHOSEN COMBINATIONS FROM BLUE BELT												
1												
2												
3												
	FORM				PADS				USAGE			
1												
2												
3												
WEAPONRY												
	GING MO SURLNG DOE						NG HUNG GWAN FUT					
1												
HAND DRILL												
SARM BO GIN												
1												

PHILOSOPHY - Geng you woo soyi, dung you toot toe.

ENGLISH TRANSLATION:

What is the context of Blue Belt?

How does this philosophy relate to fighting situations?

How does this philosophy relate to my mental and spiritual self?

Where is the progression from previous philosophies?

What is 'Minimum movement, maximum power'?

What has my experience at The Academy been like so far?